

MIGRANCY

(802)

PARTICIPANT TYPE	ALL
HIGH RISK	NO

RISK DESCRIPTION:

Categorically eligible women, infants and children who are members of families which:

- Contain at least one individual whose principal employment is in agriculture on a seasonal basis,
- Who has been so employed with the last 24 months, and
- Who establishes, for the purposes of such employment, a temporary abode.

ASK ABOUT:

- Food preparation and food storage equipment
- Access to safe and adequate drinking water
- Access to ongoing healthcare and barriers to obtaining care
- Food security and access to foods other than WIC foods
- Transportation barriers for accessing food resources and health care
- Cultural, religious and family reasons affecting food preferences and acceptable foods as related to the WIC food package

NUTRITION COUNSELING/EDUCATION TOPICS:

- Review food safety measures and practices relevant to their accommodations and prescribed WIC food packages.
- Review age-appropriate feeding guidelines and lifecycle-appropriate nutrition recommendations.
- Discuss meals and snacks that require minimal or no cooking facilities.
- Suggest non-traditional foods or meal plans in order to use available foods and facilities.
- Provide information and tips about buying low-cost foods from the food groups that are typically consumed in limited quantities (i.e., fruits, vegetables and grains). Discuss how to safely store these foods.
- Use culturally-appropriate nutrition education materials.

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POSSIBLE REFERRALS:

- If food storage or preparation options are limited, tailor the food package to maintain quality and safety of the WIC foods.
- If the participant does not have an ongoing source of health care, refer to primary care providers in the community or the local public health department.
- If food insecurity is a concern, refer to other community resources such as food banks, food pantries, soup kitchens, and SNAP (Food Stamps).
- If transportation is needed to access food resources and health care, refer to community programs that provide assistance with transportation.